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May 17, 2011



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COUNTY OF LOS ANGELES

#29 MAY 17, 2011

*Sachi A. Hamai*  
SACHI A. HAMAI  
EXECUTIVE OFFICER

The Honorable Board of Supervisors  
County of Los Angeles  
383 Kenneth Hahn Hall of Administration  
500 West Temple Street  
Los Angeles, California 90012

Dear Supervisors:

**APPROVAL TO PURCHASE FOOD AND BEVERAGES FOR A WOMEN'S HEALTH  
CONFERENCE  
(ALL SUPERVISORIAL DISTRICTS)  
(3 VOTES)**

**SUBJECT**

Approval to purchase food and beverages for a Women's Health Conference.

**IT IS RECOMMENDED THAT YOUR BOARD:**

Delegate authority to the Director of the Department of Public Health (DPH), or his designee, to purchase food and beverages in an amount not to exceed \$900, 100 percent offset by a donation from Aetna, for the women's health conference entitled "Transitioning Through Midlife" (TTML). DPH will host the conference on June 21, 2011 for DPH, Department of Health Services senior management, and local community leaders.

**PURPOSE/JUSTIFICATION OF RECOMMENDED ACTION**

The TTML conference will encourage a community dialogue focusing on aging-related issues for women between the ages of 45-64. The goal of the conference is to assist healthcare professionals and community leaders to prepare their organizations to work with the increasing number of women who are going through midlife and beyond while

coping with increased risk for chronic diseases and the pressures of balancing work, child care, and elder care. The event will address recommendations from the 2007 Women's Health Policy Summit, *Building Multicultural Women's Health: Setting an Agenda for Los Angeles* (Summit) which was convened to develop recommendations to eliminate health disparities and improve women's health in Los Angeles County.

As the TTML conference is anticipated to be a five-hour event, a light healthy breakfast that models healthy nutrition will be served to the anticipated 150 participants.

### **Implementation of Strategic Plan Goals**

The recommended action supports Goal 4, Health and Mental Health, of the County's Strategic Plan.

### **FISCAL IMPACT/FINANCING**

Approval of the recommended action will allow DPH to purchase food and beverages for the TTML conference to be held by on June 21, 2011, in an amount not to exceed \$900, 100 percent offset by a donation from Aetna. There is no net County cost associated with this action.

### **FACTS AND PROVISIONS/LEGAL REQUIREMENTS**

In 2007, DPH's Office of Women's Health convened the Summit to launch a large scale collaborative initiative to address the health disparities that impact women, especially women of color, low-income women, and other underserved populations. Over 400 women's health care leaders attended the Summit. To address the Summit's recommendations, several work groups were formed, one of them being the "Healthy Aging and the Social Determinants of Health" workgroup. This workgroup recommended a series of community dialogues; thus the TTML conference was created.

The TTML conference will include experts who will provide information that will increase awareness of community and systems level factors that contribute to or create challenges for the healthy aging of women ages 45-64. Conference speakers will also introduce evidence-based practices and health promotion strategies to assist healthcare professionals and community leaders in serving the needs of women in midlife.

The donation from Aetna must be expended before the end of the current fiscal year.

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**IMPACT ON CURRENT SERVICES (OR PROJECTS)**

The TTLM conference will promote the health and well-being of women in midlife throughout Los Angeles County.

Respectfully submitted,

Jonathan E. Fielding, M.D., M.P.H.  
Director and Health Officer

JEF:ev  
BL#01843

c: Chief Executive Officer  
County Counsel  
Executive Officer, Board of Supervisors